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### 19th March 2020

# End of the Year Letter From The Principal

**Dear Parents and Families** 



A spectacular celebration on 15<sup>th</sup> December 2019 embarked **the glorious completion of the colossal "25 years"** of SMCS as an institution. These 25 years have helped thousands of students imbibe not only education but also grow as a responsible and aware Indian citizen. A mammoth celebration took place on 15 December 2019 marking the Silver Jubilee of the School wherein, Students, Alumni, Teachers and staff, everyone came together as 'one' and showcased their varied talents and skills through a wide spectrum of cultural activities.

SMCS not only caters to the academic needs of the students but it tries its best to provide a complete, 360° view of the world to its scholars. Outfitting to the students' varied needs, many co-curricular, societal and sports activities are organised in the school on a regular basis.

As we come to the end of the Academic Year 2019-20, it is a good time to feel proud of our achievements, recapping the highlights of the year, updating you on some important future plans and looking forward to an even more exciting and fruitful 2020-21.

# Foremost, special thanks to each of you for your continuous support and belief in St. Mary's Christian School.

We at SMCS appreciate and cherish the encouraging partnership you've shown throughout the year.

I would also like to thank the teaching and the support staff who make SMCS a joyful and exciting place of fun and learning.

Without working together as a team we couldn't have achieved so many feathers for the SMCS cap. Following are some of the major achievements of this year, needless to say there are many more!

Of course, we eagerly await the Annual and the Board Result as we are confident about the hard work our children have put in. It will pay off and put us up once again as being an outstanding provider of education in the city of Sahibabad.

#### MINDBLOOM COUNSELLING CENTRE

#### C.B.S.E. Delhi

# "A recent WHO report provides evidence that almost 80% people are diagnosed with mental health problems that do not seek any kind of treatment and this is projected to increase in the future years."

With the aim of envisaging a world where all children feel safe, make mistakes, learn to trust, share their feeling and are given the opportunities to grow and become a responsible and rational individual, Mind bloom, a counselling centre was inaugurated in the premises of SMCS. It is an initiative to aware more people about the importance of mental health in living a healthy and balanced life by offering best services at much affordable rates.

Keeping in mind the vitality of Mental Health in maintaining a healthy and balanced life, Mindbloom's aims:



- 1. To develop holistic and comprehensive mental health solutions.
- 2. To reduce the stigma associated with mental health.
- 3. To provide multidisciplinary quality mental health care services.
- 4. To create public awareness among larger community.
- 5. To stimulate research and training activities in the field of clinical mental health.
- 6. To foster an environment where children learn, lead and thrive

7. To provide a platform of unconditional acceptance where people will and comfort knowing that they are not alone.

#### **GLOBAL DIMENSION**

From the yesteryears our students are taught the significance of the world being one



**big family**, and the need to help each other by sticking together as 'one'. Marians are aware about their responsibilities on a global level too. Pertaining to this need of the hour, students and teachers of SMCS swear by the UN's sustainable development goals 2030. The students

throughout the year work towards spreading awareness and finding its remediation.

The *knowledge of the SDGs* makes the students prudent enough with respect to several alarming environmental issues our generation faces.

- To commemorate Mahatama Gandhi's 150<sup>th</sup> birth anniversary, the 6<sup>th</sup> International Exchange Program was organized and executed between St. Mary's Christian School, India and Annal Jyoti Boarding School, Nepal on 2.10.19. An exhibition on the PM's initiative of Jal Shakti Abhiyan was also organised wherein the creative art pieces of students were displayed for the guests.
- Several email exchanges and Skype sessions were conducted wherein students of both the countries exchanged their knowledge about the various topics of global interest.
- Under the Climate Action initiative, each class is assessed for cleanliness & waste management. Parents are also encouraged to inculcate the habit of waste segregation in their ward at their respective homes.

Along with Nepal, **SMCS has been collaborating with** school bodies in Sri Lanka, Canada and London since past many years. These collaborations not only give the students and teachers a vital opportunity for global exposure but also ensures that their horizons are broadened.



Kudos to each and every member of St. Mary's Christian School, be it student, parents, teachers or our leaders for making this global connect happen. Well Done!!

#### **ACADEMICS:**

The letter showcases the achievements and glories of the school. We, together with parents and community have always been committed towards creating a conducive environment in the school which helps the young minds to blossom and provide a platform for individual thinking and holistic development of our dear Marians.

We set bench-mark standards and goals for ourselves and strive to achieve them namely but not limited to academics, sports, discipline, leadership and more.

Be it Shivangi Chaudhary's selection in the Indian Judiciary services or Aman Kumar's achievement in the Indian Navy.

| Academic       | Scholars        |
|----------------|-----------------|
| ushi Prajapati | 100/100 (Hindi) |

| Ayushi Prajapati | 100/100 (Hindi)   |
|------------------|-------------------|
| Diya Bhatt       | 100/100 (Hindi)   |
| Shivangi Singh   | 100/100 (PHE)     |
| Apurva Ojasvini  | 100/100 (English) |
| Kashish Singh    | 100/100 (English) |
| SanyaJagya       | 100/100 (English) |

# THE CURRICULUM



- The coming Academic Year, the NCF-based integrated curriculum will run same as for grades Pre-Nursery to V with lots of activities and hands-on-learning, helping the children explore and discover the joys of learning, with lots of parents' involvement.
- As per the past Grades VII to XII will strictly follow NCERT Curriculum with ample scope for building application, problem solving and analytical skills in children.
- Anger was never a part of SMCS's curriculum and now CBSE's initiative of turning schools into complete "ANGER FREE ZONE" has solidified our little efforts. Parents are also encouraged to inculcate the habit of practicing no anger at all even at their respective homes.

#### ATTENDANCE, PUNCTUALITY AND CONDUCT

- The School has achieved great success in inspiring regular attendance of the students. Thank you dear parents and guardians for making sure your child attends the school every day and is here on time.
- I am also elated with the behaviour and conduct of our students and can say wherever our children go on field trips or excursions or we have visitors in school, they appreciate the calm, purposeful and disciplined environment our children create.

### **OLYMPIADS**

Participation in the Science, Math, English, Informatics and French Olympiad, itself is the biggest competition where a student competes Nationwide to outshine others. It infuses a healthy competitive spirit through reward based assessment. Following is the sneak-peak of the innumerable number of Olympiads that were conducted at SMCS in the academic session 2019-2020.

- International Hindi Olympiad
- Eco visionnaire Olympiad
- National Science Talent Search Examination
- Art Clinic Contest
- International English Olympiad
- National Interactive Science Olympiad
- IIT-NEET Olympiad
- National Interactive Maths Olympiad
- Sports Clinic Contest
- Business and International Finance Olympiad
- National Space Science Olympiad
- International Cyber Olympiad
- National Biotechnology Olympiad
- Vidyarthi Vigyan Manthan
- English Essay Competition Organised by Latvian Embassy
- National Painting Competition on Energy Conservation
- TERI Green Olympiad

# SPORTS & HEALTH

Sports competitions inculcate the spirit of positive challenges & sportsmanship among the students and prepare them for the life ahead. Sports, Games and Physical Fitness occupy a place of importance in our curriculum.

Going hand in hand with the 'Fitness Movement' initiative implemented by the Honourable Prime Minister Mr. Narendra Modi, all the students, teachers and staff members pledged towards a healthy and fit lifestyle. During "The Fit India Movement" students were shown the telecast of the Fit India Campaign led by the Prime Minister. Also, several sport activities under 'Khelo India' mission were organised.

- Yoga sessions, races and interesting interclass matches etc. too were organized. Our students actively participated in different sports competitions and won medals, certificates and trophies outside the school as well.
- On 23.07.2019 Shubhangi XII A, Abheepsa Gautam XI C & Deepesh Joshi XII A participated in the National School Health & Wellness Quiz 2019 held at Delhi Public School, Ghaziabad.
- Free of cost Health check ups' were organised during every PTM.
- Zumba sessions organised on the Mother's Day were a great hit.
- To commemorate the Birth Anniversary of Hockey wizard Major Dhyanchand, **Sports Fun Week** was organized in SMCS from 26.08.19 to 30.08.19.
- To ensure that students give separate time to sports in their schedule, after school sports coaching too is organised for interested Marians.
- Students portrayed their exemplary talent in the CBSE CLUSTER MEET for sports such as Skating, Yoga and Handball.

# SCHOOL CLUBS

# CHRISTIA

Various Co-Curricular Activities are held under different clubs to develop a child physically, morally, socially and mentally and to hone skills in co-scholastic areas. Regular Club Activities are held in which the students participate and display their caliber.

The different Clubs are Nature Club, Literary Club, Disaster Management Club, Community Outreach Club, Performing art club, Health and Wellness Club and Science & Technology Club.

- The Earth Day was celebrated in the school on 22.04.2019 like every year. Various activities like Nature Walk, Plantation Drive, Poster Making & recycling of waste materials were organized.
- An *Inter House Debate Competition for grades XI & XII* on 08.05.2019 on the account of celebration of National Technology Day. The speakers of various Houses spoke eloquently on the topic "Pokhran nuclear test immensely contributed towards scientific & ammunition development in India".

# OR

"Nuclear Test Ban Treaties are just namesake. No country should have the authority to use nuclear weapons in any condition".

• **Global Safety Week was celebrated in the school** from 10.05.2019 onwards wherein all the young minds came together to spread the awareness regarding the road safety rules & importance of observing traffic rules.



 In order to raise awareness on global water crisis, Marians of grades IX-XII prepared models on Rainwater Harvesting in their House Meeting on 24.07.2019.

- To highlight the importance of casting one's vote, **Marians on the National Voter's Day prepared various slogans and posters** with the aim of spreading the awareness.
- An awareness drive to promote rain water harvesting on 10.08.2019 was organized. The students sensitized more than 1000 parents. Parents were made aware about the depleting water resources.
- Parents pledged to practice Rain Water Harvesting and an informative handout too was distributed in the neighbourhood. To push forward the PM's

"Jal Shakti Abhiyan", a door door to was organized campaign by St. Mary's Christian School on 17.08.2019 wherein students of Grade IX-XII stepped out of the school to sensitize the people in the neighbourhood, how rainwater can be harvested at an individual level.



• Paying homage to Mahatma Gandhi's principle, 'Cleanliness is next to



Godliness' and Honourable PM's initiative of 'Swachhta Hi Sewa" campaign, an inter school poster making, slogan writing and essay writing competition was organized in SMCS on 01.10.19 where more than

200 students from various schools participated and displayed their creativity on the topics of Waste Disposal, Waste Segregation and Beat Single Use Plastic.

• On the National Unity Day i.e., 31.10.19 Marians took part in Energy Conservation National Painting Competition. They also pledged to strengthen the integrity and contribute towards nation building to commemorate the Birth Anniversary of Iron Man of India, Sardar Vallabhbhai Patel.

#### STUDENTS' SEMINARS & WORKSHOPS

To ensure that our students are well equipped with knowledge to face any challenge, we have focused sessions on numerous special topics. The highlight from the same are listed below.

- **EVS workshop** was conducted **by Mr. Asim Abbas** at SMCS on 1.05.2019. It was an interactive workshop based on many child friendly class room activities wherein the resource person talked about the need of developing a conducive environment for all the students.
- In order to inculcate awareness about the harmful effects of tobacco, SMCS organized a workshop on **"Say No to Tobacco"** for students of Grades IX-XII on 13.05.2019. Dr. Abhishek Yadav from Yashoda Super speciality Hospital was the resource person.
- To guide the students about their bag holding ways a drill was conducted on 13.07.2019. The students were made to learn the importance of good posture.
- To Ensure Girls' & Women's Safety, a workshop for girls of grade IX XII was organized at SMCS with the support of Uttar Pradesh Government officials-Shri Govind Singh S.I. Sahibabad, Ms. Manju Sharma Head Constable, Sahibabad & Ms. Pooja Sharma, Mahila Kalyan Vibhag and U.P. Government was conducted on 03.07.2019.
- An informative workshop was organized in SMCS on 14.09.19 on the topic *"Handling Exam Stress and Threats to Children's Safety & Security"* to cater to the issues of handling exam stress & safety & security of teens.
- 'Oral Hygiene' workshop for the learners of grade III to V was conducted on 22.01.2020 by Dr. Sonia Dutta, Associate Professor, Indraprastha Dental College and Hospital, Sahibabad on. Also, a session on 'Good Touch and Bad Touch' was conducted by the school counsellor.
- An interactive session for grade X on the ways to combat the deadly diseases of Dengue and Malaria was conducted by Dr. Ruby Bansal, Head Preventive Health Programme Yashoda Super Specialty Hospitality, Kaushambi.
- **Virtual Reality workshop** was organised for both students and parents in 2 phases.

**TEACHERS IN-SERVICE TRAININGS & WORKSHOPS** 



- To facilitate our educators teaching **Science** with latest digital platform, a workshop was conducted by the resource person Ms. Aditi (NIIT Publishers) on 22.04.19 at SMCS
- Workshop titled "Maths Faculty Development Programme" headed by Mr. Ashutosh Rai, Area Territory Product Manager, Cordova was

organized for the enrichment of Maths Faculties of the grades I to VIII on 29.07.2019.

- Session on the *"Fundamentals of MS. Office"* was conducted by Mr. Amit from NIIT at SMCS for teachers from Grades Pre Nursery – XII on 26.07.2019. It was at attempt to empower the educators with the newly developed ICT tools.
- Learning is a never ending process and it should never stop. In purview of this thought an *ELT Workshop was arranged on 19.10.2019 by the Macmillan Education*, a global company. The workshop was conducted by Ms. Manisha Dak and Macmillan team.

In keeping with the school's policy of continuous up gradation of knowledge and skills, our teachers attended various workshops and seminars organized by the school to improve their academic transaction skills and to update their capabilities:

IAN

- Curriculum Development Workshop
- Professional Enrichment Programme
- Using Technology in Classroom & Conscious Teacher of 21st Century
- English Faculty Development Programme
- Gender Sensitivity
- Classroom Management
- Value Education
- Happy Classroom
- Remodelled Assessment
- Upholding Integrity and Ethics
- Career Guidance
- Adolescence Education
- Inclusive Education
- CBSE Capacity Building Programme on Math, English, B.ST, Physics, Science, Hindi and Social Science (Class IX-XII)

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#### PARENTS' WORKSHOPS

In collaboration with various renowned organisations, the school took an initiative to conduct workshops for parents on numerous topics:

- Protection of children from Sexual Offences
- Building positive self-esteem among teens.
- SMCS shouldered the responsibility to apprise the parents about the pressing need of Child safety through a workshop organized on 31.08.19 for grades Pre-Nursery II.
- Exam Preparedness Child Safety & Security
- Term-wise medical check-ups
- Self Defence Training
- Session on Healthy Lunch
- Grandparents' Day to revive the bonds of love and friendship between the grandparents and grandchildren.

This report is a sincere attempt to showcase our progress in terms of achievements and activities during the year.

On this memorable occasion of the last working day of the Academic Year 2017-18 as we recount our success with pride and happiness, we wish to dedicate all our achievements to the committed effort of a committed team called St. Mary's Christian School. We humbly salute our visionary leaders and seek divine grace and blessings to guide us in all our endeavours.

As the new Academic Year approaches, I am excited about our joint endeavours towards bringing about greater learning outcomes.

### FUTURE PLANS:

To continue what we are doing along with tapping new success and glory. The next academic year is going to be the year when:

- Students will be further implementing innovation with the new age technologies with the various ICT tools while executing their lessons.
- SDG's will be promoted through restructured club activities. (All the functioning clubs will aim



- at achieving the United Nations Sustainable Development Goals 2030.)
- Experiential Learning though reflective and analytical lesson plans.
- \* **Increasing parental involvement** in the teaching learning methodology at school. (Parents will be called for several school visits to seek their participation in various activities and workshops arranged for both themselves as well as their ward.)
- ◆ Integrated and cross curricular approach will be continued in the curriculum.
- \* **<u>No Exam System</u>** for grades Pre Nursery to II. Assessment for them will be based on the process of continuous evaluation furnishing enough ground for informal assessment.
- ✤ To strengthen international connection and cooperation and continuation of academic partnership with other counterparts.
- \* Global Exposure
- $\bullet$  Mandatory 5 trainings to each teacher in every academic session so that they can deliver as per CBSE Guidelines.

I look forward to welcoming your children back to School to begin the enthralling Academic Year 2020-2021 soon.

Thank You **Best Regards** 



Ms. Ashu John

Principal



